



BREAKFAST

OCTOBER 2022

Poplarville Upper Elementary

Monday

Breakfast Pizza **3**
Cereal/Pop Tart
Fruit
Fruit Juice
Assorted Milk

Breakfast Pizza **10**
Cereal/Pop Tart
Fruit
Fruit Juice
Assorted Milk

Breakfast Pizza **17**
Cereal/Pop Tart
Fruit
Fruit Juice
Assorted Milk

Breakfast Pizza **24**
Cereal/Pop Tart
Fruit
Fruit Juice
Assorted Milk

Breakfast Pizza **31**
Cereal/Pop Tart
Fruit
Fruit Juice
Assorted Milk

Tuesday

Pancake on a Stick **4**
Banana Muffin
Yogurt
Fruit
Fruit Juice
Assorted Milk

Cinnamon Roll **11**
Banana Muffin
Yogurt
Fruit
Fruit Juice
Assorted Milk

Cinnamon Toast Bar **18**
Banana Muffin
Yogurt
Fruit
Fruit Juice
Assorted Milk

Pancake on a Stick **25**
Banana Muffin
Yogurt
Fruit
Fruit Juice
Assorted Milk

Wednesday

French Toast Sticks/ Ham **5**
Cereal/ Pop Tart
Fruit
Fruit Juice
Assorted Milk
Syrup

French Toast Sticks/ Ham **12**
Cereal/ Pop Tart
Fruit
Fruit Juice
Assorted Milk
Syrup

French Toast Sticks/ Ham **19**
Cereal/ Pop Tart
Fruit
Fruit Juice
Assorted Milk
Syrup

French Toast Sticks/ Ham **26**
Cereal/ Pop Tart
Fruit
Fruit Juice
Assorted Milk
Syrup

Thursday

Pancakes/ Bacon **6**
Chocolate Chip Muffin/Yogurt
Fruit
Fruit Juice
Assorted Milk
Syrup

Pancakes/ Bacon **13**
Chocolate Chip Muffin/Yogurt
Fruit
Fruit Juice
Assorted Milk
Syrup

Pancakes/ Bacon **20**
Chocolate Chip Muffin/Yogurt
Fruit
Fruit Juice
Assorted Milk
Syrup

Pancakes/ Bacon **27**
Chocolate Chip Muffin/Yogurt
Fruit
Fruit Juice
Assorted Milk
Syrup

Friday

Sausage and Biscuit **7**
Cereal/Pop Tart
Fruit
Fruit Juice
Assorted Milk
Jelly

Sausage and Biscuit **14**
Cereal/Pop Tart
Fruit
Fruit Juice
Assorted Milk
Jelly

Fall Break **21**
No School

Sausage and Biscuit **28**
Cereal/Pop Tart
Fruit
Fruit Juice
Assorted Milk
Jelly

