

OCTOBER 2022

Poplarville Lower Elementary

Monday

Tuesday

Wednesday

Thursday

Friday

Chicken Alfredo
Fruit and Yogurt Plate
Green Beans
Squash
Texas Toast
Fruit
Fruit Juice
Assorted Milk

Chicken Fajitas
Chef Salad
Steamed Carrots
Green Peas
Fruit
Fruit Juice
Assorted Milk
Salsa, Sour Cream, Salad Dressing
Cookie

Nachos Grande
Turkey and Cheese Sandwich
Fiesta Rice
Corn
Broccoli
Fruit
Fruit Juice
Assorted Milk
Mayonnaise, Mustard, Taco Sauce

Hamburger Steak
Chef Salad
Mashed Potatoes
Baked Beans
Roll
Fruit
Fruit Juice
Assorted Milk
Salad Dressing

Hot Dogs
Chicken Salad Salad
French Fries
California Vegetables
Fruit/Fruit Juice
Assorted Milk
Ketchup, Crackers, Mayonnaise
Cookie

Chicken Spaghetti
Fruit and Yogurt Plate
Green Peas
Steamed Carrots
Texas Toast
Fruit
Fruit Juice
Assorted Milk

Sack Lunch
Sandwich
Mozzarella Stick
Chips
Baby Carrots
Apple
Fruit Juice
Milk

Spaghetti
Pulled Pork Sandwich
Green Beans
Baked Beans
Texas Toast
Fruit
Fruit Juice
Assorted Milk

Beef A Roni
Chef Salad
Squash
Mixed Vegetables
Texas Toast
Fruit/Fruit Juice
Assorted Milk
Crackers, Salad Dressing

Pepperoni Pizza
Ham and Cheese Wraps
Tater Tots
Black Eyed Peas
Fruit
Fruit Juice
Assorted Milk
Ketchup, Mayonnaise, Mustard
Cookie

Sloppy Joe
Fruit and Yogurt Plate
French Fries
Field Peas
Fruit
Fruit Juice
Assorted Milk
Cookie

Cheesy Chicken over Rice
Chef Salad /Crackers
Lima Beans
Steamed Carrots
Fruit/Fruit Juice
Texas Toast
Assorted Milk
Salad Dressing

Beef Tacos
Ham and Cheese Wraps
Corn
Cucumbers w/ Ranch
Fruit
Fruit Juice
Assorted Milk
Taco Sauce, Mayonnaise, Mustard

Breaded Chicken Sandwich
Chef Salad w/ Salad Dressing
Quick Baked Potato
Broccoli w/ Cheese
Fruit
Fruit Juice
Assorted Milk
Ketchup, Mayonnaise, Mustard

No School
Fall Break

Cheeseburger
Fruit and Yogurt Plate
Baked Beans
Green Beans
Fruit
Fruit Juice
Assorted Milk
Ketchup, Mayonnaise, Mustard

Chicken Tenders
Chef Salad
Mashed Potatoes
Baby Carrots w/ Ranch
Fruit
Roll
Fruit Juice
Assorted Milk
Salad Dressing, Crackers, Dipping Sauce

Chili Cheese over Chips
Grilled Cheese Sandwich
Corn
Green Peas
Fruit
Fruit Juice
Assorted Milk
Cookie

Chicken Quesadilla
Chef Salad w/Crackers
Sweet Potato Fries
Cucumbers w/ Ranch
Fruit
Fruit Juice
Assorted Milk
Salad Dressing

Corndog
Tuna Salad Salad/Crackers
French Fries
California Vegetables
Pudding
Fruit
Fruit Juice
Assorted Milk
Ketchup, Mustard

Chicken Alfredo
Fruit and Yogurt Plate
Green Beans
Squash
Texas Toast
Fruit
Fruit Juice
Assorted Milk

Week 4

Week 1

Week 2

Week 3

Week 4