



BREAKFAST

OCTOBER 2022

Poplarville Lower Elementary

Monday

Pancake/Sausage on a Stick **3**
Frudel
Assorted Pop Tart
Fruit
Fruit Juice
Assorted Milk

Pancake/Sausage on a Stick **10**
Frudel
Assorted Pop Tart
Fruit
Fruit Juice
Assorted Milk

Pancake/Sausage on a Stick **17**
Frudel
Assorted Pop Tart
Fruit
Fruit Juice
Assorted Milk

Pancake/Sausage on a Stick **24**
Frudel
Assorted Pop Tart
Fruit
Fruit Juice
Assorted Milk

Pancake/Sausage on a Stick **31**
Frudel
Assorted Pop Tart
Fruit
Fruit Juice
Assorted Milk

Tuesday

Mini Pancakes **4**
Frudel
Assorted Pop Tarts
Bacon
Fruit
Fruit Juice
Assorted Milk

Mini Pancakes **11**
Breakfast Bread
Assorted Pop Tarts
Bacon
Fruit
Fruit Juice
Assorted Milk

Mini Pancakes **18**
Breakfast Bread
Assorted Pop Tarts
Bacon
Fruit
Fruit Juice
Assorted Milk

Mini Pancakes **25**
Breakfast Bread
Assorted Pop Tarts
Bacon
Fruit
Fruit Juice
Assorted Milk

Wednesday

French Toast Sticks/ Ham **5**
Assorted Pop Tarts
Cereal
Fruit
Fruit Juice
Assorted Milk

French Toast Sticks/ Ham **12**
Assorted Pop Tarts
Cereal
Fruit
Fruit Juice
Assorted Milk

French Toast Sticks/ Ham **19**
Assorted Pop Tarts
Cereal
Fruit
Fruit Juice
Assorted Milk

French Toast Sticks/ Ham **26**
Assorted Pop Tarts
Cereal
Fruit
Fruit Juice
Assorted Milk

Thursday

Sausage and Biscuit **6**
Muffin/Yogurt
Fruit
Fruit Juice
Assorted Milk
Jelly

Sausage and Biscuit **13**
Muffin/Yogurt
Fruit
Fruit Juice
Assorted Milk
Jelly

Sausage and Biscuit **20**
Muffin/Yogurt
Fruit
Fruit Juice
Assorted Milk
Jelly

Sausage and Biscuit **27**
Muffin/Yogurt
Fruit
Fruit Juice
Assorted Milk
Jelly

Friday

Mini Pancakes **7**
Frudel
Bacon
Fruit
Fruit Juice
Assorted Milk

Mini Pancakes **14**
Frudel
Bacon
Fruit
Fruit Juice
Assorted Milk

No School **21**

Fall Break

Mini Pancakes **28**
Frudel
Bacon
Fruit
Fruit Juice
Assorted Milk

