



BREAKFAST

OCTOBER 2022

Middle School of Poplarville

Monday

Sausage Biscuit
Pop Tarts/Assorted Cereal
Grits
Assorted Fruit
Fruit Juice
Assorted Milk
Jelly **3**

Sausage Biscuit
Pop Tarts/Assorted Cereal
Grits
Assorted Fruit
Fruit Juice
Assorted Milk
Jelly **10**

Sausage Biscuit
Pop Tarts/Assorted Cereal
Grits
Assorted Fruit
Fruit Juice
Assorted Milk
Jelly **17**

Sausage Biscuit
Pop Tarts/Assorted Cereal
Grits
Assorted Fruit
Fruit Juice
Assorted Milk
Jelly **24**

Sausage Biscuit
Pop Tarts/Assorted Cereal
Grits
Assorted Fruit
Fruit Juice
Assorted Milk
Jelly **31**

Tuesday

Sausage Pancake on a Stick
Assorted Cereal
Grits
Assorted Fruit
Fruit Juice
Assorted Milk
Syrup **4**

Sausage Pancake on a Stick
Assorted Cereal
Grits
Assorted Fruit
Fruit Juice
Assorted Milk
Syrup **11**

Sausage Pancake on a Stick
Assorted Cereal
Grits
Assorted Fruit
Fruit Juice
Assorted Milk
Syrup **18**

Sausage Pancake on a Stick
Assorted Cereal
Grits
Assorted Fruit
Fruit Juice
Assorted Milk
Syrup **25**

Wednesday

Bacon Biscuit
Assorted Cereal/Pop Tarts
Grits
Assorted Fruit
Fruit Juice
Assorted Milk
Jelly **5**

Bacon Biscuit
Assorted Cereal/Pop Tarts
Grits
Assorted Fruit
Fruit Juice
Assorted Milk
Jelly **12**

Bacon Biscuit
Assorted Cereal/Pop Tarts
Grits
Assorted Fruit
Fruit Juice
Assorted Milk
Jelly **19**

Bacon Biscuit
Assorted Cereal/Pop Tarts
Grits
Assorted Fruit
Fruit Juice
Assorted Milk
Jelly **26**

Thursday

Chicken and Waffles
Assorted Cereal
Grits
Assorted Fruit
Fruit Juice
Assorted Milk
Syrup **6**

Chicken and Waffles
Assorted Cereal
Grits
Assorted Fruit
Fruit Juice
Assorted Milk
Syrup **13**

Chicken and Waffles
Assorted Cereal
Grits
Assorted Fruit
Fruit Juice
Assorted Milk
Syrup **20**

Chicken and Waffles
Assorted Cereal
Grits
Assorted Fruit
Fruit Juice
Assorted Milk
Syrup **27**

Friday

French Toast Sticks
Muffin
Grits
Assorted Fruit
Fruit Juice
Assorted Milk
Syrup **7**

French Toast Sticks
Muffin
Grits
Assorted Fruit
Fruit Juice
Assorted Milk
Syrup **14**

No School **21**

Fall Break

French Toast Sticks
Muffin
Grits
Assorted Fruit
Fruit Juice
Assorted Milk
Syrup **28**

