

# AUGUST 2022

## Poplarville Upper Elementary

Monday

Tuesday

Wednesday

Thursday

Friday

1

2

3

4

5

First Day of School

Cheeseburgers  
French Fries  
Green Beans  
Peaches  
Fruit Juice  
Milk  
Ketchup/Mayonnaise/Mustard

Corn Dogs  
French Fries  
Green Peas  
Mixed Fruit  
Fruit Juice  
Milk  
Ketchup/Mustard

8

9

10

11

12

Chicken Alfredo  
BBQ Rib Sandwich  
Lima Beans  
California Blend Vegetables  
Pears  
Garlic Bread  
Fruit Juice  
Assorted Milk  
Mayonnaise

Chicken Tenders  
Ham and Cheese Wrap  
French Fries  
Green Peas  
Roll  
Apples  
Roll  
Fruit Juice  
Assorted Milk  
BBQ Sauce, Honey Mustard  
Ketchup, Mayonnaise, Mustard

Mandarin Chicken  
Fruit and Yogurt Plate  
Green Beans  
Carrots  
Eggroll  
Oranges  
Fruit Juice  
Assorted Milk

Nachos Grande'  
Turkey and Cheese on Bun  
Corn  
Tossed Salad w/ Dressing  
Bananas  
Fruit Juice  
Assorted Milk  
Taco Sauce, Mayonnaise, Mustard

Pizza Wedge  
Chef Salad w/ Crackers  
French Fries  
Broccoli  
Chocolate Chip Cookie  
Pineapple  
Ketchup, Salad Dressing

15

16

17

18

19

Chicken Spaghetti  
Fruit and Yogurt Plate  
Green Beans  
Steamed Carrots  
Texas Toast  
Fruit  
Fruit Juice  
Assorted Milk

Chicken Tenders  
Chef Salad  
Corn  
Baked Sweet Potato  
Fruit  
Roll  
Fruit Juice  
Assorted Milk  
Salad Dressing, Crackers, Dipping Sauce

Nachos Grande'  
Chef Salad  
Refried Beans  
Cucumber Slices w/ Ranch  
Mexican Cornbread  
Fruit  
Fruit Juice  
Assorted Milk  
Taco Sauce, Crackers, Salad Dressing

Hamburger Steak w/ Gravy  
Chef Salad w/ Crackers  
Broccoli w/ Cheese  
Mashed Potatoes  
Fruit  
Fruit Juice  
Roll  
Assorted Milk  
Salad Dressing, Crackers

Hot Dog  
Chef Salad  
Green Beans  
Baby Carrots w/ Ranch Dip  
Fruit  
Fruit Juice  
Assorted Milk  
Mayonnaise, Mustard, Ketchup  
Crackers, Salad Dressing

Week 1

22

23

24

25

26

Breaded Chicken Sandwich  
Fruit and Yogurt Plate  
Lima Beans  
Corn  
Fruit  
Fruit Juice  
Assorted Milk  
Mayonnaise, Mustard, Ketchup

Spaghetti  
Chef Salad  
Green Beans  
Yam Patty  
Fruit  
Texas Toast  
Fruit Juice  
Assorted Milk  
Salad Dressing, Crackers

Chicken Quesadilla  
Chef Salad w/ Crackers  
Black-Eyed Peas  
Baby Carrots w/ Ranch  
Fiesta Rice  
Fruit /Fruit Juice  
Sour Cream  
Assorted Milk  
Sugar Cookie

Hamburger Steak w/ Gravy  
Chef Salad w/ Crackers  
Broccoli w/ Cheese  
Mashed Potatoes  
Fruit  
Fruit Juice  
Roll  
Assorted Milk  
Salad Dressing, Crackers

Pepperoni Pizza  
Chicken Salad Salad  
Squash  
French Fries  
Fruit  
Fruit Juice  
Assorted Milk  
Cookie  
Crackers

Week 2

29

30

31

Cheesy Chicken over Rice  
Fruit and Yogurt Plate  
Green Beans  
Sweet Potato Fries  
Fruit  
Roll  
Fruit Juice  
Assorted Milk

Chicken Tenders  
Chef Salad  
Mashed Potatoes  
California Vegetables  
Fruit  
Roll  
Fruit Juice  
Assorted Milk  
Salad Dressing, Crackers  
Assorted Dipping Sauces, Ketchup

Cheeseburger  
Chef Salad  
Baked Beans  
Cucumber Slices w/ Ranch  
Fruit  
Fruit Juice  
Assorted Milk  
Ketchup, Mayo, Mustard  
Crackers, Salad Dressing

Week 3

