

# OCTOBER 2021

Poplarville Lower Elementary

Monday

Tuesday

Wednesday

Thursday

Friday

Week 1

Week 2

Week 3

Week 4

Pizza **1**  
 Ham and Cheese Sandwich  
 French Fries  
 Mixed Vegetables  
 Fruit  
 Fruit Juice  
 Assorted Milk

Chili Cheese Corn Chips **4**  
 Grilled Chicken Sandwich  
 Green Peas  
 Squash  
 Fruit/Fruit Juice  
 Milk

Chicken Nuggets **5**  
 Ham and Cheese Wrap  
 French Fries  
 Glazed Carrots  
 Roll  
 Fruit/Fruit Juice  
 Milk

Mandarin Chicken **6**  
 Chef Salad/ Crackers  
 California Blend Vegetables  
 Black-eyed Peas  
 Fruit/Fruit Juice  
 Milk  
 Eggrolls

Pulled Pork Sandwich **7**  
 Fruit and Yogurt Plate  
 Baked Beans  
 Corn  
 Fruit/Fruit Juice  
 Milk

Cheeseburger **8**  
 Chicken Salad  
 French Fries  
 Mixed Vegetables  
 Fruit/Fruit Juice  
 Milk

Sloppy Joes **11**  
 Chicken Fajitas  
 Potato Wedges  
 Green Beans  
 Fruit/Fruit Juice  
 Milk

Chicken Tenders **12**  
 Chef Salad  
 Waffle Fries  
 Steamed Broccoli  
 Roll  
 Fruit/Fruit Juice  
 Milk

Chicken Spaghetti **13**  
 Fruit and Yogurt Plate  
 Lima Beans  
 Black-eyed Peas  
 Texas Toast  
 Fruit/Fruit Juice  
 Milk

Soft Beef Tacos **14**  
 Breaded Chicken Sandwich  
 Tossed Salad/Dressing  
 Corn  
 Fruit/Fruit Juice  
 Milk

Pizza **15**  
 Carrots/Ranch Dip  
 French Fries  
 Fruit/Fruit Juice  
 Milk

Beef-A-Roni **18**  
 Grilled Cheese Sandwich  
 Green Peas  
 Squash  
 Fruit/Fruit Juice  
 Milk

Chicken Tenders **19**  
 Fruit and Yogurt Plate  
 Carrots/Ranch Dip  
 Quick Baked Potato  
 Roll  
 Fruit/Fruit Juice  
 Milk

Seasoned Chicken **20**  
 Meatball Sub  
 Green Beans  
 Yams  
 Roll  
 Fruit/Fruit Juice  
 Milk

Nacho Grande' **21**  
 BBQ Rib Sandwich  
 Tossed Salad/Dressing  
 Corn  
 Fruit/Fruit Juice  
 Milk

**22**  
 Fall Break

Hamburger **25**  
 Turkey/Cheese Wrap  
 Baked Beans  
 Green Peas  
 Fruit/Fruit Juice  
 Milk

Chicken Tenders **26**  
 Fruit and Yogurt Plate  
 Potato Wedges  
 Steamed Broccoli  
 Roll  
 Fruit/Fruit Juice  
 Milk

Red Beans and Rice **27**  
 Corndogs  
 Glazed Carrots  
 Lima Beans  
 Roll  
 Fruit/Fruit Juice  
 Assorted Milk

Sack Lunch **28**

Pizza **29**  
 Ham and Cheese Sandwich  
 French Fries  
 Mixed Vegetables  
 Fruit  
 Fruit Juice  
 Assorted Milk

