



BREAKFAST

OCTOBER 2021

Poplarville High School

Monday

Tuesday

Wednesday

Thursday

Friday



Week 1

Biscuit/Sausage
Cereal or Pop-tart
Yogurt Parfait
Grits
Fruit/Fruit Juice
Milk

4

Biscuit/Bacon
Cereal or Pop-tart
Grits/
Fruit/Fruit Juice
Milk

5

Biscuit/Sausage
Cereal or Pop-tart
Yogurt Parfait
Grits
Fruit/Fruit Juice
Milk

6

French Toast Sticks
Bacon
Cereal/Pop-tart
Grits
Fruit/Fruit Juice
Milk

7

Biscuit/Sausage
Cereal or Pop-tart
Yogurt Parfait
Grits
Fruit/Fruit Juice
Milk

1

Biscuit/Sausage
Cereal or Pop-tart
Yogurt Parfait
Grits
Fruit/Fruit Juice
Milk

8

Week 2

Biscuit/Sausage
Cereal or Pop-tart
Yogurt Parfait
Grits
Fruit/Fruit Juice
Milk

11

Biscuit/Bacon
Cereal or Pop-tart
Grits/
Fruit/Fruit Juice
Milk

12

Biscuit/Sausage
Cereal or Pop-tart
Yogurt Parfait
Grits
Fruit/Fruit Juice
Milk

13

French Toast Sticks
Bacon
Cereal/Pop-tart
Grits
Fruit/Fruit Juice
Milk

14

Biscuit/Sausage
Cereal or Pop-tart
Yogurt Parfait
Grits
Fruit/Fruit Juice
Milk

15

Week 3

Biscuit/Sausage
Cereal or Pop-tart
Yogurt Parfait
Grits
Fruit/Fruit Juice
Milk

18

Biscuit/Bacon
Cereal or Pop-tart
Grits/
Fruit/Fruit Juice
Milk

19

Biscuit/Sausage
Cereal or Pop-tart
Yogurt Parfait
Grits
Fruit/Fruit Juice
Milk

20

French Toast Sticks
Bacon
Cereal/Pop-tart
Grits
Fruit/Fruit Juice
Milk

21

Fall Break

22

Week 4

Biscuit/Sausage
Cereal or Pop-tart
Yogurt Parfait
Grits
Fruit/Fruit Juice
Milk

25

Biscuit/Bacon
Cereal or Pop-tart
Grits/
Fruit/Fruit Juice
Milk

26

Biscuit/Sausage
Cereal or Pop-tart
Yogurt Parfait
Grits
Fruit/Fruit Juice
Milk

27

French Toast Sticks
Bacon
Cereal/Pop-tart
Grits
Fruit/Fruit Juice
Milk

28

Biscuit/Sausage
Cereal or Pop-tart
Yogurt Parfait
Grits
Fruit/Fruit Juice
Milk

29

This institution is an equal opportunity provider.

Menu is subject to change.